

November, 2008

Dear Families,

Welcome to the **26th** season of ABGSL Recreational Softball! I'm happy to report your board & coordinating committee have been working hard to make this year our best ever.

Enclosed are registration materials for the ABGSL Spring 2009 Softball Season, including:

- **2009 Spring Calendar** — for you to keep and consult throughout the season. You will get a separate calendar with your team's practice/game schedule on Opening Day, March 7, 2009.
- **Registration form** — one form must be completed and returned for **each player** registered.
- **Supplemental Information form** — *optional*. Use this form (which is kept private) to help us consider your daughter's particular needs when we form teams. After contacting the league, you may also use this form to request a scholarship.
- **Medical/Email/Photo Release form** — one form must be completed, signed and returned for **each player** registered.
- **Codes of Conduct form** — one form must be signed and returned for **each player** registered.
- **Family Volunteer form** — one form must be completed and returned for **each family**.

You must return all forms with **full payment** (or partial payment and a scholarship request that has already been approved) before your child can be registered. Please consider making a **tax-deductible donation** to ABGSL when registering; it will benefit many girls in the league whose families cannot afford the full fees.

Early Bird registration packets and fees must be received by ABGSL by December 31. All players pay the regular fee on and after January 1. (Because fees are lower in Micro, there is no difference between early-bird and regular registration fees, but please register as early as possible!)

Once you have sent in your registration forms and payment, these are the next steps:

- **All players in grades 2-9 must attend one assessment!** Girls must come to an assessment either **January 17 or January 24 at Fielding**. We use these assessments to balance our teams, **not** as a tryout! You **can** register at the assessment days, but regular fees are charged and you must arrive 20 minutes early.
- About the middle of February, you will receive a confirmation packet listing your practice days and providing more information about the season. Team assignments are announced at Opening Day.
- **Rain and Field Closures:** Be ready for last-minute changes in schedules and location, both for league events and for practices/games. Wet fields can remain closed days after it stops raining. If it has been raining, or rain threatens, call the hotline 510-869-4277 one hour before events to check field status.

ABGSL runs entirely on volunteer labor, and that means:

- Every family in the league volunteers for a **team job** (such as lining the field) **AND** a **league job** (such as a 4-hour shift doing field maintenance). Indicate on the volunteer form whether you wish to sign up for a specific league **JOB** or whether you will be assigned both of your jobs at the Team Parent Meeting. You may be called before the season begins to help with field maintenance, which counts as league hours already completed.
- Coaches and managers are the life-blood of the league, and are exempt from all other team and league jobs! If you are interested in being a coach or manager, please be sure to fill out the family volunteer form.

Again, welcome to another great year of ABGSL softball! **Don't forget to tell your friends!!**

Sandi

Sandi Hunt, ABGSL President

P.S. Thanks to the money you've raised at our Bat-a-Que, we're running free skills clinics, and this year we added focused pitching and catching clinics. Come take advantage of this free offering, and bring a friend!

P.P.S. For girls who can't get enough softball, ABGSL runs a competitive season, called **Sting**, during the summer and fall. More information on Sting will be included in your confirmation packet. If you are a **returning 9th grader** who is trying out for a high school team, you still **must register for ABGSL and include full payment**. If you make your high school team, we will **issue a partial refund** to reflect your limited participation in the spring season; you will still be eligible to play in the Sting B program.





ABGSL 2009 Spring Calendar

ς ς Keep this for reference ς ς

Date	Day	Time	Event
1/1			Registrations from returning players no longer have priority. Regular fees apply to all registrations received on or after January 1.
1/17	Sat	see schedule below	Mandatory Assessment Clinic (at Fielding*) : Attend only one clinic. Registration is required – bring forms with fees, if needed [rain date 1/31]
1/24	Sat	see schedule below	Mandatory Assessment Clinic (at Fielding*) : Attend only one clinic. Registration is required – bring forms with fees, if needed [rain date 1/31]
2/1			Registration period ends. Late registrations are wait-listed, then processed on a space-available basis once teams are formed.
2/7	Sat	9am-2pm	Skills Clinic - including pitching & catching (at Fielding*) 9:00-10:00 Younger, 10:00-11:00 Middle, 11:00-1:00 Pitchers/Catchers, 1:00-2:00 Older
2/14	Sat	9am-2pm	Skills Clinic - including pitching & catching (at Fielding*) same as 2/7
2/28	Sat	9:00-12:00	All Coaches & All Managers Orientation (Location TBD)
3/7	Sat	9:30-3:15 9:30-11:30 Micro/YD 11:45-1:00 OD 1:15-3:15 MD	OPENING DAY! (at Fielding*) [rain date 3/14]: 9:30-11:30am Micro & Younger Divisions; 11:45am-1:00pm Older Division; 1:15-3:15pm Middle Division. Parents MUST accompany girls to sign-in and MUST return 30 minutes prior to pick-up for team assignments.
3/8	Sun	9am-1:30pm	Coach Clinic (field TBA): 9:00-10:30 Younger Coaches; 10:30-12:00 Middle Coaches; 12:00-1:30 Older Coaches
3/9-3/14			Practices begin for all divisions the week of Mon 3/9 – Sat 3/14
3/15	Sun	9:00-10:30am	Micro Coach/Parents Clinic (at Codornices**): teaching skills & Micro drills.
3/15	Sun	11:30am-1:30pm	Women-Only Skills Clinic (field TBA): All the basic skills (throw, catch, field, hit) – learn how to play with your girl!
3/15	Sun	9am-11am	Field Lining and Scorekeeping Clinics (field TBA)
3/22	Sun	9am-2pm	Skills Clinic - including pitching & catching (field TBA) same as 2/7
3/28	Sat	Time TBA	ABGSL/Albany Little League Parade
3/29	Sun	9am-1:30pm	Coach Clinic (field TBA): see 3/8 for details
4/19	Sun	9am-2pm	Skills Clinic - including pitching & catching (field TBA) same as 2/7
5/2	Sat	throughout the day detailed schedule TBA no games this day	6th Annual Batathon & Barbeque [the "Bat-A-Que"] (at Fielding*) [rain date 5/9]: This is also PHOTO DAY —team pictures will be taken. This is our grand party and fundraiser for the whole league: come eat, drink, and hit!
5/3	Sun	Times TBA	Sting Assessments for Summer/Fall season (field TBA)
5/15	Fri	5pm until dark	Coach/Manager Game and BBQ (at Fielding*) - Adults only
6/1 - 6/6			Last Week of Games – team parties, trophy & photo distribution

*Fielding Field is located at the north end of 5th Street, north of Harrison, in Berkeley

**Codornices Field is located on Euclid Ave, at Bay View Place (across from Rose Garden), in Berkeley

Mandatory Assessment Clinics – Players (not in Micro) **MUST** attend ONE clinic!

These are **not** tryouts. The clinics will help us balance the skills on each team. Every player in Grades 2-9 must come to one of the two days. (Girls who have them should bring glove, cleats, and batting helmet.) **Parents, please stay**: we will have skills clinics for you from 9-10am and 11am-12pm each day, so you can learn too! (Parents who have one should bring a glove.)

Saturday, January 17, 2009		Saturday, January 24, 2009	
Younger	8:30am-10:30am	Younger	8:30am-10:30am
Middle	10:00am-12:00pm	Middle	10:00am-12:00pm
Older	11:30am-1:30pm	Older	11:30am-1:30pm

Mail forms and payment to:

ABGSL, 1700 Shattuck Ave #28, Berkeley, CA 94709

Questions:

ABGSL Hotline 510-869-4277, www.abgsl.org
RegCal 09.1

ABGSL 2009 Season Registration - Grades 1-5

Please Return IMMEDIATELY! Early Bird fees until Dec 31, Registration closes Feb 1

- | | |
|--|--|
| <ul style="list-style-type: none"> • Each player's application must include a completed Registration form, and completed and signed Medical/Email/Photo Release form and Codes of Conduct form. • All applications must be accompanied by full payment or an approved scholarship - see the Supplemental Info form on back. | <ul style="list-style-type: none"> • ABGSL is an all-volunteer league. Each family must submit a completed Volunteer form. • Team assignments are made by the ABGSL. For requests, see below. • Confirmation letters will be mailed in February. • Please print legibly in blue or black ink. |
|--|--|

Player Information [You MUST answer all questions, including those about scheduling conflicts!]			
Last Name _____		First Name _____	
Age _____	Date of Birth _____	School _____	Grade _____
Division: <input type="checkbox"/> Micro (Gr. 1, practices Saturday only)		<input type="checkbox"/> Younger (Gr. 2-3)	
		<input type="checkbox"/> Middle (Gr. 4-5)	
For Younger & Middle Divisions only, tell us if you have scheduling conflicts (you MUST check one box):			
<input type="checkbox"/> No conflict, can play either M/W/Sat or Tu/Th/Sat (best for the League)			
<input type="checkbox"/> can ONLY play M/W/Sat		<input type="checkbox"/> can ONLY play Tu/Th/Sat	
If new to ABGSL, how many years have you played organized softball/baseball? _____ Which league? _____			

Parent/Guardian - 1	Parent/Guardian - 2
Name: _____	Name: _____
Address: _____	Address: _____
City/Zip Code: _____	City/Zip Code: _____
Phones: Home: _____ Work: _____	Phones: Home: _____ Work: _____
Cell: _____	Cell: _____
E-Mail Address: _____	E-Mail Address: _____

Teammate Requests: You may specify up to 3 friends you would like to have on your team. The league will consider such requests, but *cannot guarantee* that any will be honored.

Name: _____	Name: _____	Name: _____
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Registration Fees:

	Early Bird (by Dec 31, 2008)	Regular (on or after Jan 1, 2009)
Micro Division	\$90	\$90 (no increase)
Younger Division	\$165	\$185
Middle Division	\$180	\$200

Please consider making a **donation** in addition to your registration fee. ABGSL is a 501 (c)(3) non-profit organization, tax-id #94-2958214. Donations are deductible as allowed by law.

Fees are payable to ABGSL, and include team T-shirt, cap, photos and award.	Player Fee	\$ _____
Younger siblings of registered players receive \$20 discount, <u>except</u> in Micro Division.	Sibling Discount	\$- _____
A separate registration form is required for each player.	Donation	\$ _____
Refund policy: \$25 non-refundable; balance refundable upon request prior to February 1, 2009. As of February 1, 2009, no refunds will be processed due to costs already incurred by league on player's behalf.	Total for this player	\$ _____

For Registrar Use Only							
Division	Date Received	Check Number	Total Amount	Registration Fee	Donation	Scholarship	Supplemental Info
Micro Y M							

Albany Berkeley Girls Softball League

Medical/Email/Photo Release Form - Emergency Information & Parental Consent

**Note: Player will not be registered unless this form is completed and returned with the ABGSL Reg. form.
Coaches: This form must be present at all practices and games involving this player.**

Child's Name _____ Date of Birth: _____ Grade _____

Parent/Guardian _____ Parent/Guardian _____

Address _____ Address _____

Home Phone _____ Home Phone _____

Work Phone _____ Work Phone _____

Cell Phone _____ Cell Phone _____

Emergency Contacts (List two different contacts/people):

Name _____ Name _____

Relationship _____ Relationship _____

Phones _____ Phones _____

Medical/Dental Insurance Information:

Insurer _____ Group/Policy # _____

Doctor _____ Phone _____

Dental Insurer _____ Group/Policy # _____

Dentist _____ Phone _____

Emergency Treatment Information: Above named child has the following problems/prohibitions:

Consent for Medical Treatment: As the parent or legal guardian of the above named player, I hereby give consent for emergency medical care prescribed by a duly licensed Doctor of Medicine or Dentistry. This care may be given under whatever conditions are necessary to preserve the life and limb or well-being of my dependent.

Information/Email/Photo Release: We give permission for our family's names, address(es), phone numbers, and email address(es) to be printed on the team roster(s). We will receive a copy of our team roster(s) and, as ABGSL members, will use the information only for ABGSL-related purposes. We understand that ABGSL neither provides this information to the entire league nor publishes this information on the ABGSL website. We also give permission for ABGSL to use the email address(es) provided to send ABGSL-related information and to add our email address(es) to league-controlled distribution lists (used only for ABGSL-related information) provided that ABGSL will allow us to remove our names at any time from the distribution list. We also give permission for ABGSL to use images of the registered child and coaches in publications and literature including the ABGSL website, provided that individuals are not identified by name in such publications.

Signature of parent or guardian _____ Date _____

Mail forms and payment to:

ABGSL, 1700 Shattuck Ave #28, Berkeley, CA 94709

Questions:

ABGSL Hotline 510-869-4277, www.abgsl.org
Releases 09.1

Albany Berkeley Girls Softball League

Codes of Conduct

ABGSL Player's Code of Conduct

As a player in the Albany Berkeley Girls Softball League I hereby pledge to:

- Play safely.
- Try to the best of my ability.
- Work hard to improve my skills.
- Listen to and follow the coaches' instructions.
- Attend all practices and games, or notify my coach if I cannot attend.
- Be a team player - cooperate with my teammates.
- Be a good sport by acknowledging all good plays, whether the player is on my team or the opposing team.
- Respect all players (no "trash talk").
- Learn the rules of the game.
- Cooperate with the umpires; respect their decisions.

Player's signature _____ *Date* _____

ABGSL Parent's Code of Conduct

I hereby pledge to provide positive support, care and encouragement for my child participating in the Albany Berkeley Girls Softball League. I will remember that these games are for the girls and not the adults. I will set a good example by:

- Encouraging good sports behavior by demonstrating support for all players, coaches and officials at every game, practice or other sports event.
- Applauding good plays by my daughter's team and the opposing team.
- Providing support for my daughter so she can learn and develop new skills.
- Helping players to do their best by being involved in the League.
- Placing the emotional and physical well being of all the girls ahead of any personal ambition to win.
- Respecting the umpires and refraining from questioning their decisions, setting an example for my child to follow.
- Keeping remarks positive and constructive.
- Volunteering to help.

Parent's signature _____ *Date* _____

Mail forms and payment to:

ABGSL, 1700 Shattuck Ave #28, Berkeley, CA 94709

Questions:

ABGSL Hotline 510-869-4277, www.abgsl.org
Conduct 09.1

ABGSL Family Volunteer Form

Player Name(s): _____ Division(s): Micro Y M O _____

Parent/Guardian Name(s): _____

Phone(s): _____

Email Address(es): _____

ABGSL runs entirely on volunteer labor. **Every family takes on a team job and a league job.** You can sign up for specific league jobs using this form, as well as indicate your interest in coaching or managing a team; one form must be completed and returned for each **family**. If you do not sign up for a specific job below, then you will sign up for **both** your team job and your league job at your team's parent meeting at the start of the season. In addition, you may be called before the season begins to help prepare the fields for the start of the season. Indicate below whether you wish to sign up to be a coach or manager, and whether you wish to sign up for a specific league job, or will sign up for your jobs at your team meeting.

Coach or Manager: Being a coach or manager fulfills all your job requirements (both team and league). If you sign up to be a coach or manager, the league will contact you before the season starts.

Which adult is interested:	Days available:	Any	M/W	Tu/Th
<input type="checkbox"/> Coach (please circle one):	Micro	Younger	Middle	Older
<input type="checkbox"/> Assistant Coach (please circle one):	Micro	Younger	Middle	Older
<input type="checkbox"/> Team Manager (please circle one):	Micro	Younger	Middle	Older

If you want to **coach or manage**, have you done so for ABGSL before?

Yes, as Head Coach Yes, as Assistant Coach Yes, as Manager No

League Jobs: The league needs volunteers for some specific jobs. If you are interested in doing or sharing one of these, please check the box and the league will contact you:

- | | |
|---|---|
| <input type="checkbox"/> Administrative Coordinator | <input type="checkbox"/> Registrar for 2010 season (train in 2009) |
| <input type="checkbox"/> Bat-A-Que Planning Committee | <input type="checkbox"/> Coach/Manager Meeting-buy food (February 28) |
| <input type="checkbox"/> Photo/trophy coordinator | <input type="checkbox"/> Shop/cook for coach/mgr BBQ (May 15) |
| <input type="checkbox"/> Reporter Coordinator | <input type="checkbox"/> Teach scorekeeper and/or fieldliner clinic |
| <input type="checkbox"/> Hotline | <input type="checkbox"/> Parades Coordinator (Albany Little League & Solano Stroll) |
| <input type="checkbox"/> Mailbox | <input type="checkbox"/> Sponsorship Coordinator for 2010 season (train in 2009) |
| <input type="checkbox"/> Create coaching DVD | |

At the team meeting, every family who is not already committed to a specific league job will be assigned to the following league jobs: **Bat-A-Que** (4-hour shift), **Field Maintenance** (4-hour shift), or **General** (4-hour task).

Team jobs, other than coach, assistant coach and manager will be described at the team meeting.

We will sign up for both our league and our team job at the team parents' meeting.

Finally, to help us focus our outreach, **NEW FAMILIES** please tell us how you learned about ABGSL.

How ABGSL Works

ABGSL is truly a volunteer organization: it has no paid staff. The league runs because many people put in many hours to do what's needed over the course of the season and the year. To get an idea of what's involved, take a look at the chart below. Each line lists a job vital to the league for which one or more volunteers take responsibility. The jobs are broken into areas, and the areas are supervised by Coordinators (the bold lines) who work year-round with each other and the league President to coordinate all the jobs and to make sure nothing falls through the cracks. The league President then works with the Board to resolve any issues that arise and to make sure that league operations are consistent with the league's philosophy.

NOT shown in this chart are the tasks done by league families who each put in a few hours of time, on request, in support of some league event or job. Altogether, this represents thousands of hours over the course of the year. We are always on the lookout for more people to share the load, because only by spreading those hours among many people can we avoid burn-out!

President (Sandi Hunt)

calendars
general planning
work with Coordinators
work with Board and Committees
commissioners & coaches (micro, younger, middle, older, Sting)
manager coordinator
reporter coordinator
rec team formation
coordinate Rec and Sting
general issue resolution
grants
promotional wear
ABGSL/Albany Little League parade
Solano Stroll

Administration & Communication

****Position MUST be Filled ****

registration database, reports & rosters
registration fees & scholarships
US mailbox
hotline
email
website
sponsors
photos & trophies
outreach (for players)
volunteer coordinator

Finance (Dan Brotsky)

budgets
general ledger
accounts payable
accounts receivable
reporting and oversight
ASA relations (insurance & registration)
contracts

Coaching (Walt Gill)

Consultant: Katie Vickers

assessments
player clinics
coach clinics
coach training materials
coach/manager binders
coach/manager orientation meeting
coach/manager game/barbeque
scorekeeper clinic
field liner clinic
rulebook
umpires (adult & youth)

Bat-a-Que (Shiva Gaskins & Lori Simpson)

Committee Chair
committee members
fundraising
communications
prize coordination
batathon
food
games
dunk tank

Fields & Equipment (David Wampler, Betsy Thomas, Bill Mack, Chris Killian)

field permits
field scheduling
team equipment
field maintenance
field development
relations with ASFU, cities, and UC